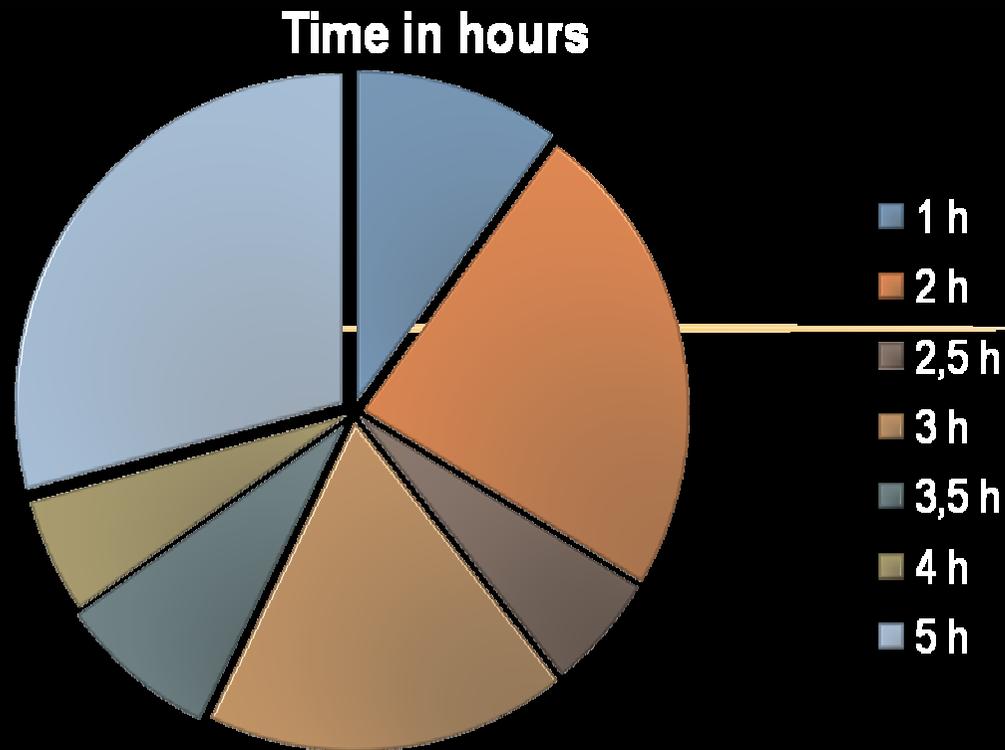
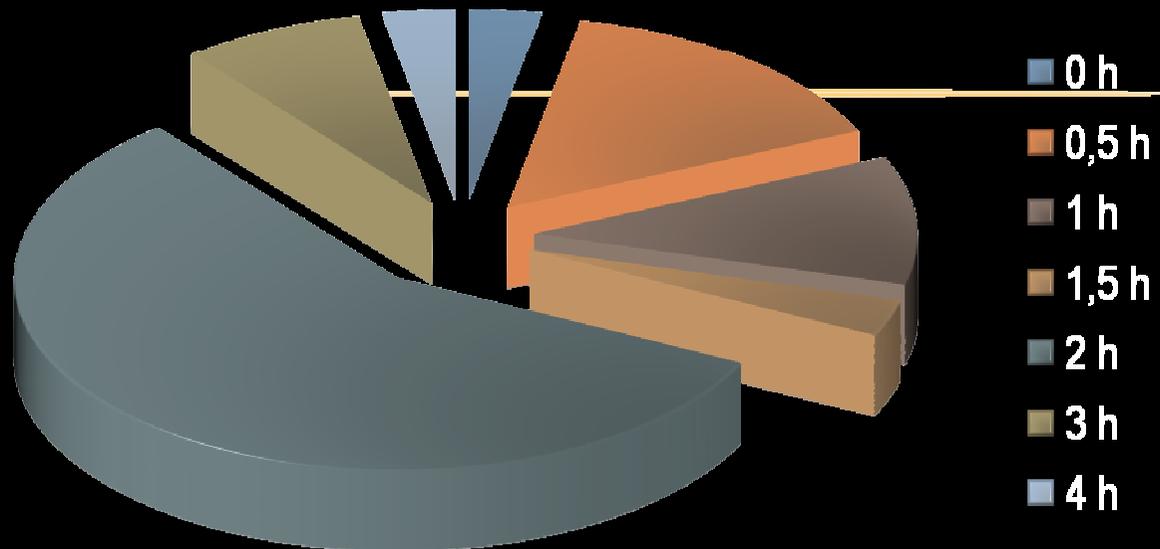


# 1. HOW MUCH TIME DO YOU SPEND OUTSIDE IN THE FRESH AIR ?



## 2. HOW MUCH TIME DO YOU SPEND DOING HOMEWORK ?

Time in hours



### 3. WHAT ARE YOUR FAVOURITE FREE TIME ACTIVITIES ?

-hare and hounds

-walks

-hopscotch

-dodgeball

-badminton

-jumping over a  
stretched elastic band

-playing war

-jump rope

-volleyball

-hide and seek

-handball

-tag

-bike

-tug of wars

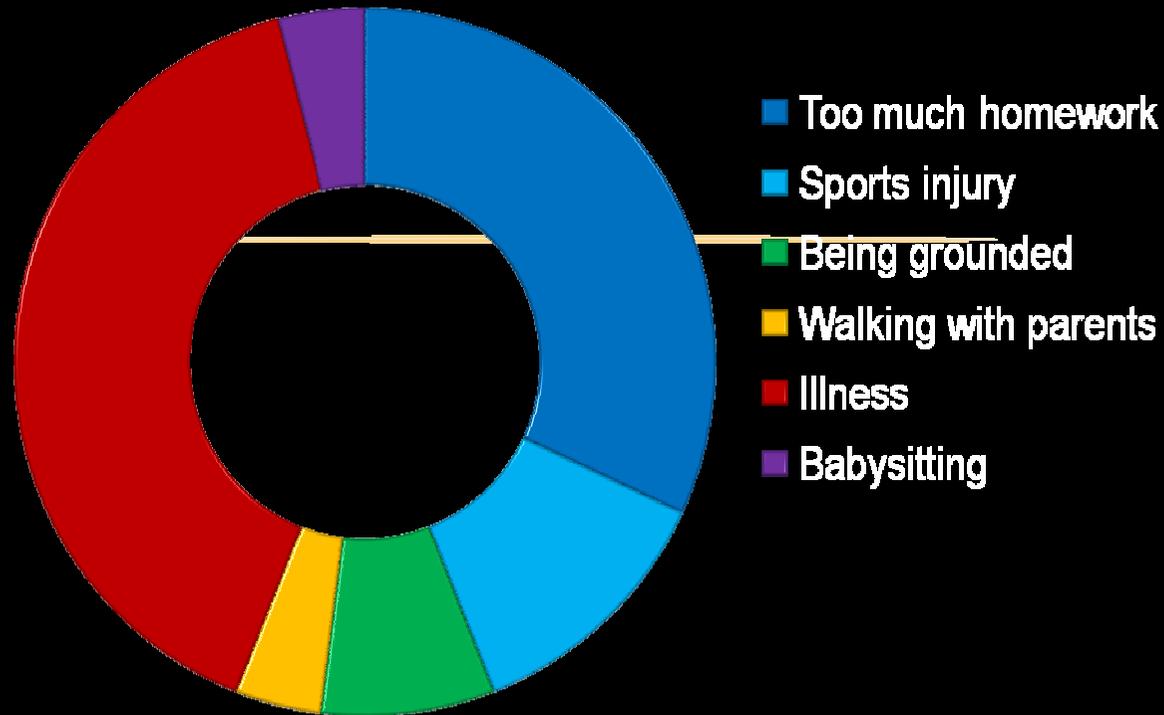
-rounder

-basketball

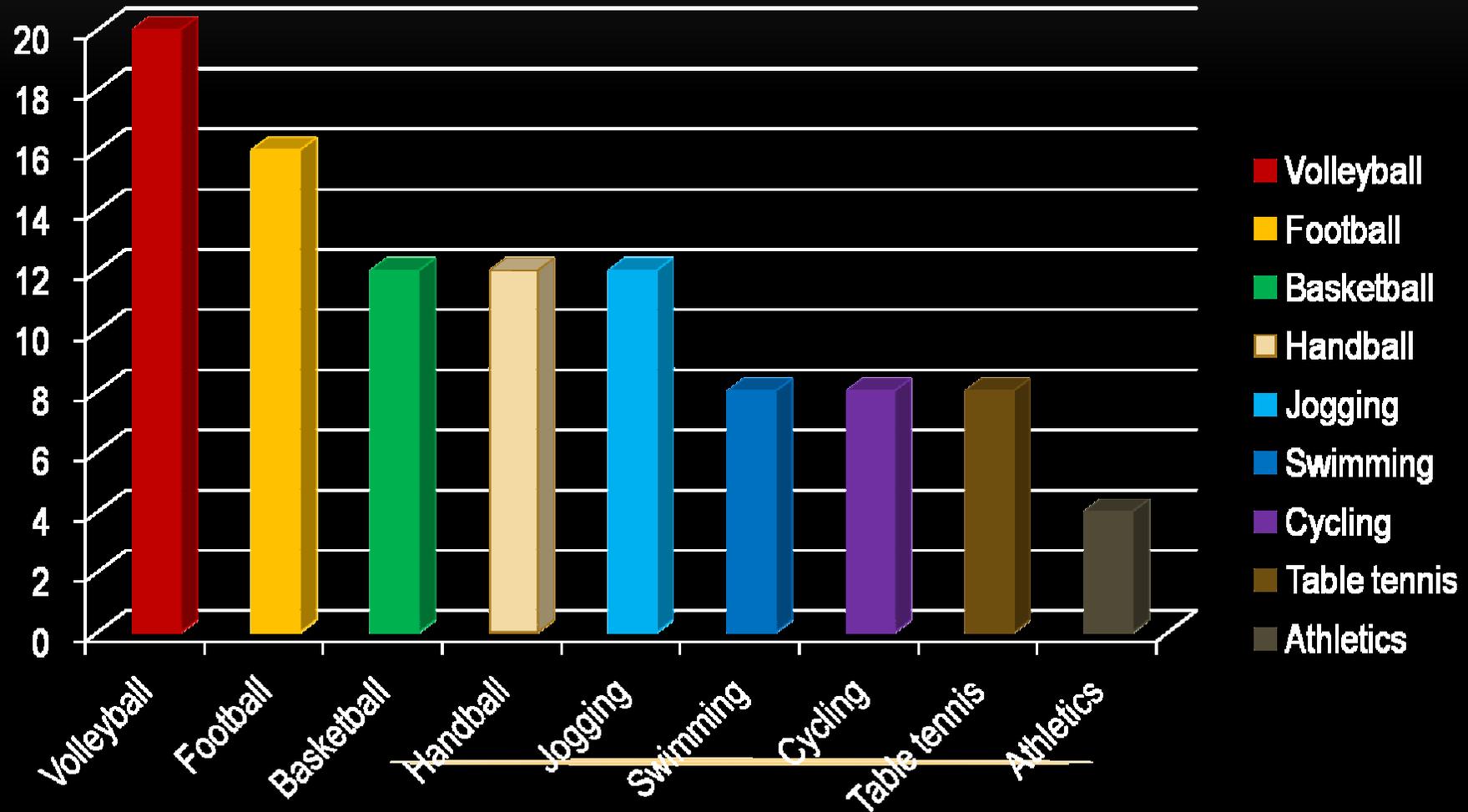
-football

-jogging

## 4. WHY COULDN'T YOU TAKE PART IN OUTDOOR ACTIVITIES?:



## 5. WHAT SPORTS HAVE YOU PRACTISED?



## 6. WHAT ARE YOUR FAVOURITE SPORTS:

*-Tennis*

*- Table tennis*

*-Football*

*-Jogging*

*-Jumping over a  
stretched elastic band*

*-Rounder*

*-Walks*

*-Cycling*

*-Tag of wars*

*-Swimming*

*-Handball*

*-Volleyball*

*-Athletics*

*- Hide and seek*

*- Dodgeball*

*-Sleighing*

*-Skating*

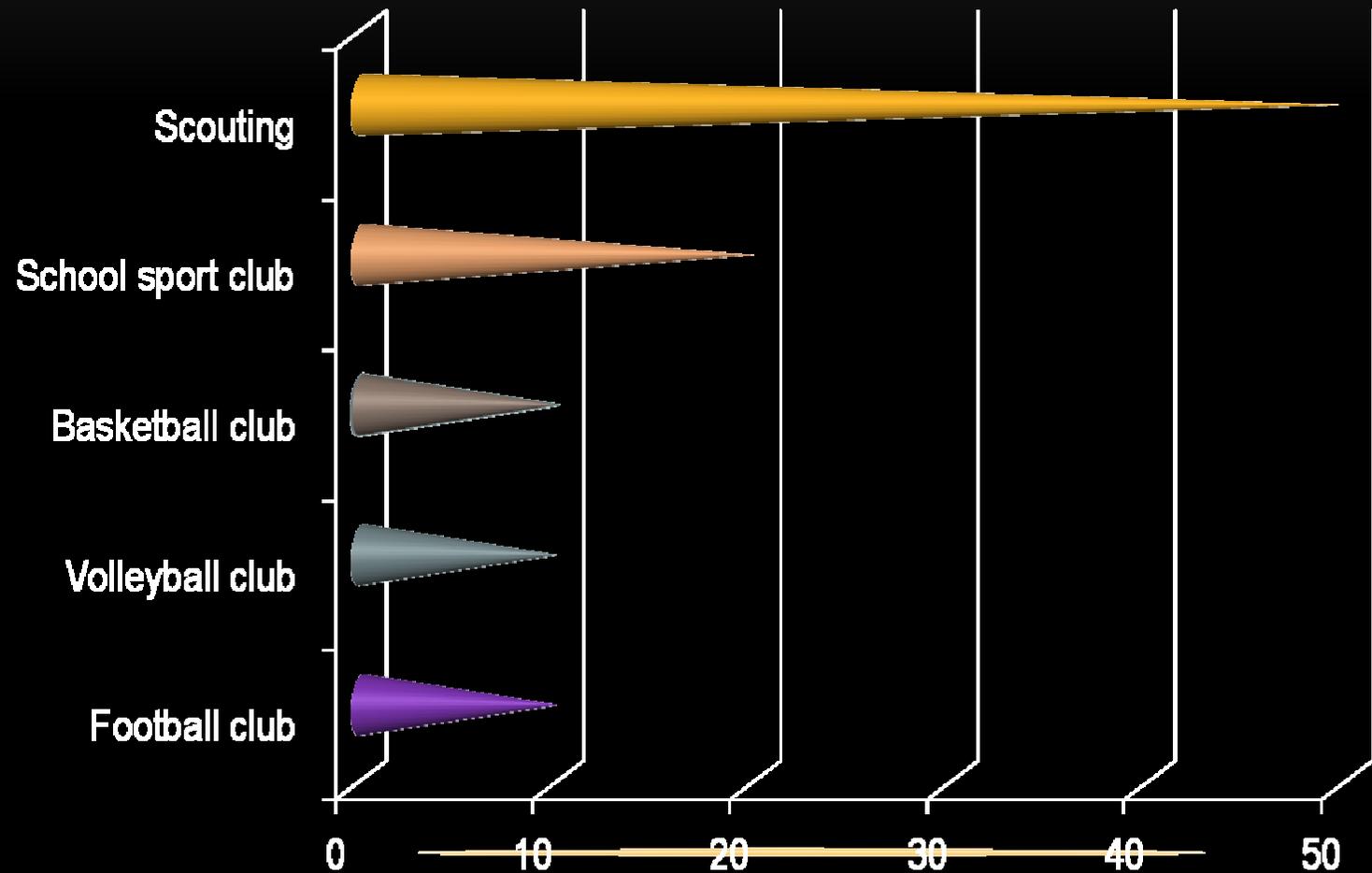
*-Skiing*

*-Rollerblading*

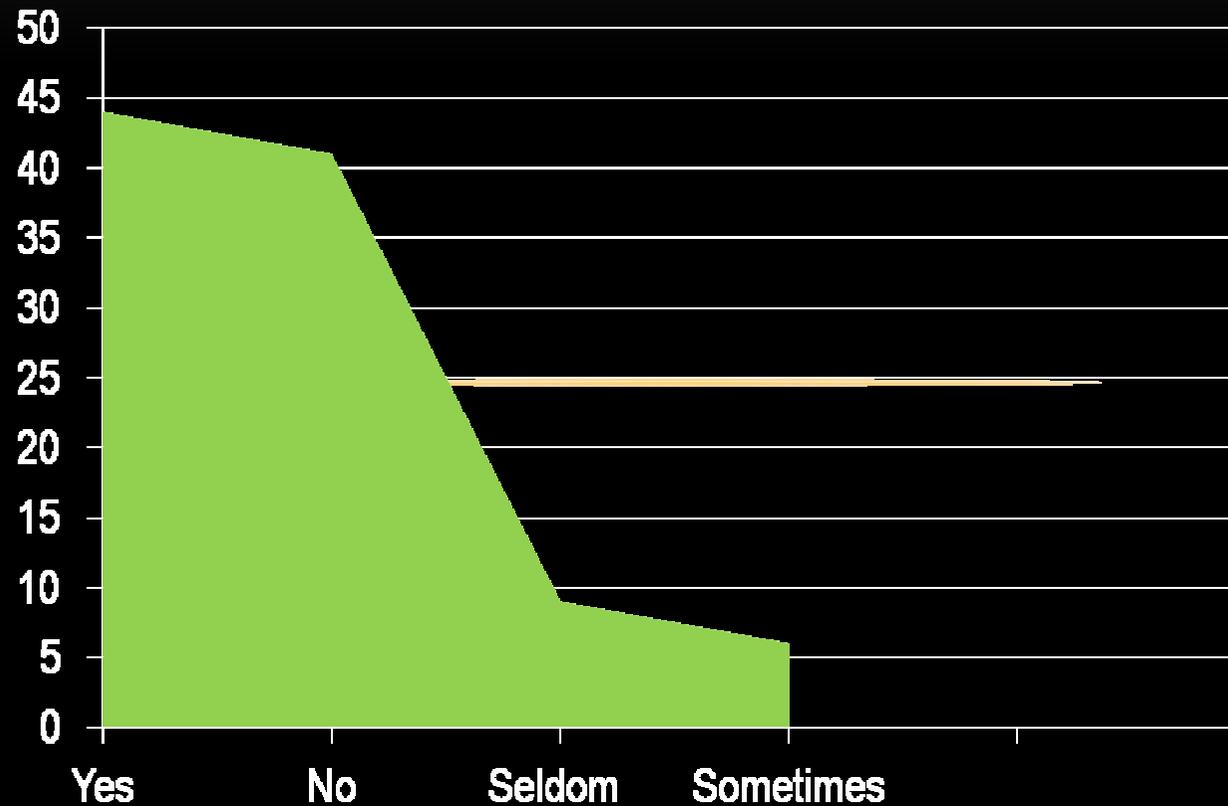
*-Basketball*



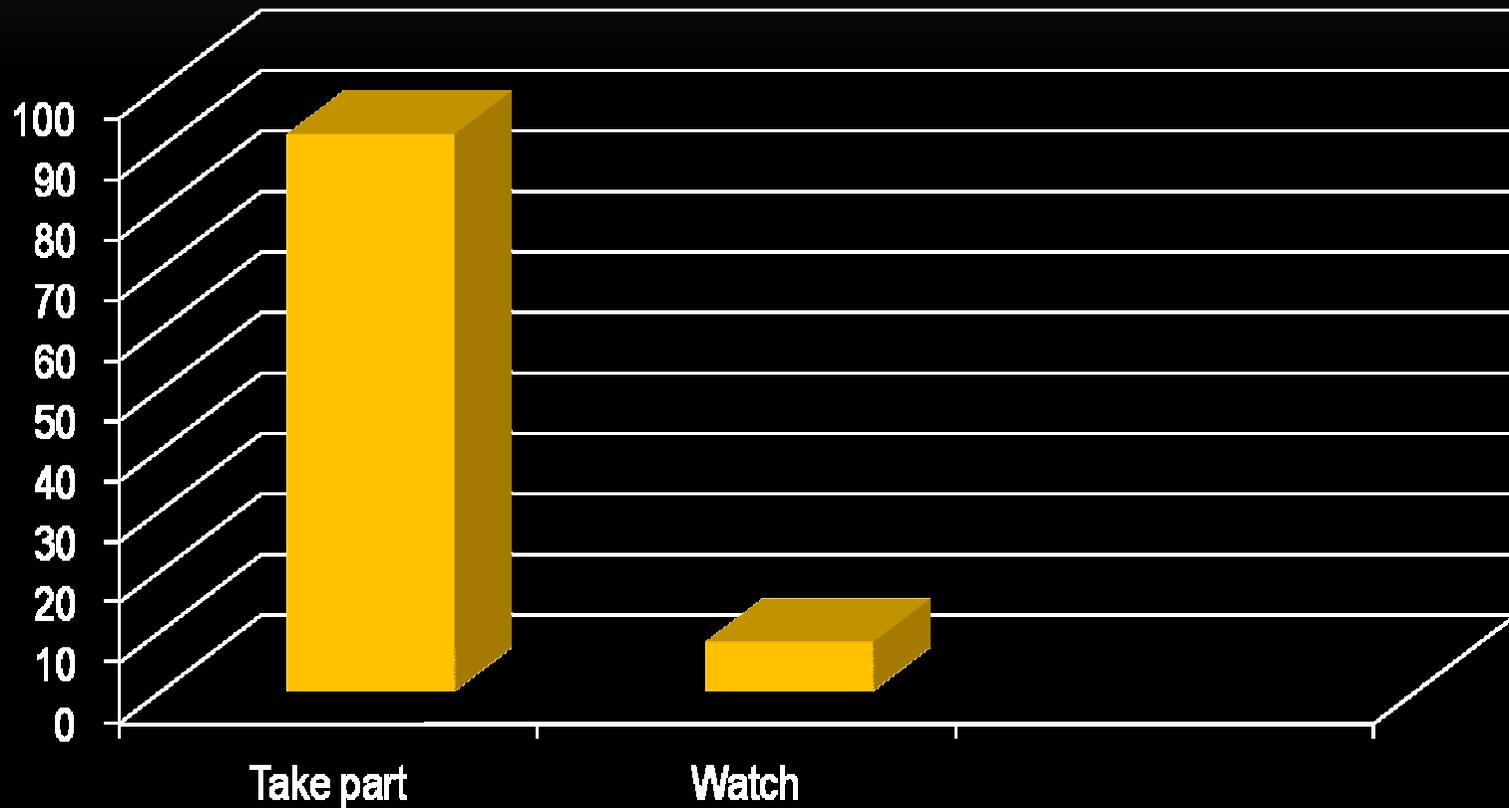
# 7. WHAT AFTER SCHOOL ACTIVITIES HAVE YOU TAKEN PART IN ?



## 8. HAVE YOUR PARENTS SPENT TIME WITH YOU OUTDOORS?

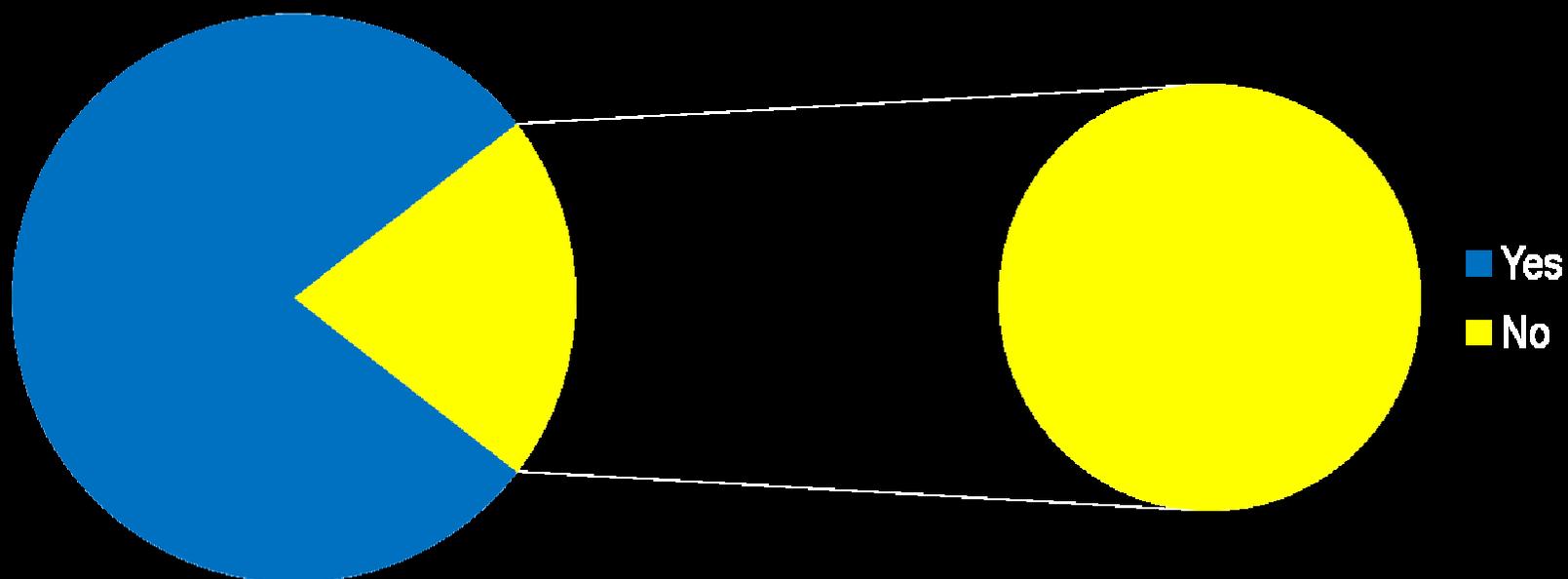


# 9. DO YOU PREFER TAKING PART IN OUTDOOR ACTIVITIES OR WATCHING THEM?

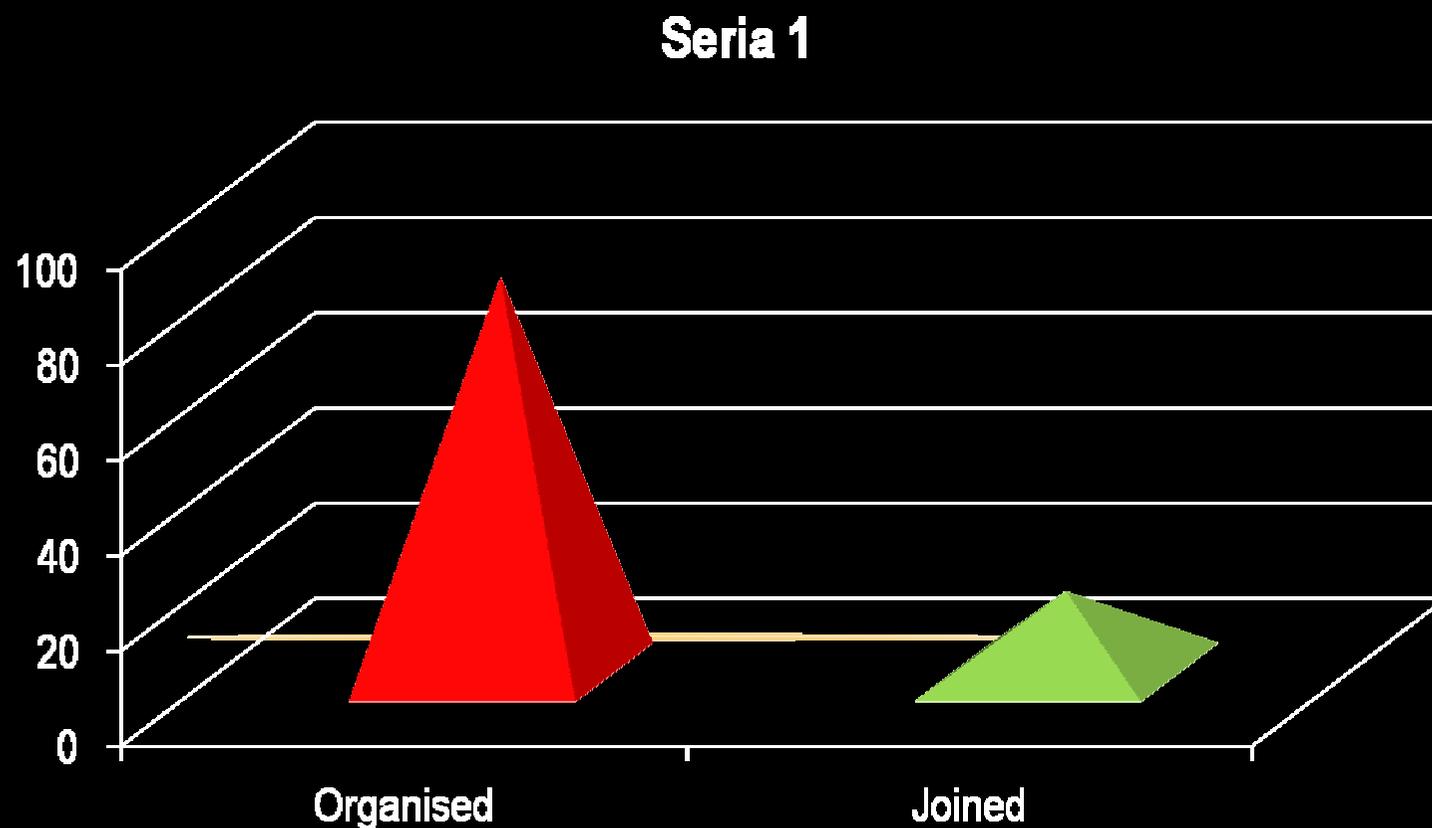


# 10. ARE YOU STILL IN TOUCH WITH YOUR OLD FRIENDS?

Seria 1



# 11. HAVE YOU ORGANISED GAMES OR JOINED THEM ?



- In the past, without the Internet, TV or other media, people used to spend time with their mates in the fresh air.. Today, instead of spending time outdoor and practising sport, they choose social networking sites such as Facebook, Twitter or play computer games.
  - Nowadays, the youth spend most of their free time in front of their computers eating junk food.
  - Alarmingly, most adolescents choose passive forms of spending free time instead of doing active sports. The decrease in interpersonal contacts between young people is more and more noticeable.
  - Nevertheless, the parents seem to be more active, which is an optimistic factor. Hopefully, they will set a good example to their kids so that our society will stay fit.
-